

When Not to Send Your Child to School

1. If your child has a temperature over 100°F. Never medicate your child for a fever and send them to school – the child is still contagious when medicated.
2. If your child has had vomiting (suspected to be related to illness) in the last 24 hrs. If your child vomited the night before, they must stay home the following day even if they slept through the night.
3. If your child has had diarrhea in the last 24 hrs. If your child had diarrhea the night before, they must stay home the following day even if they slept through the night.
4. If your child has chills, loss of appetite, unusual fatigue and/or lingering headache. These are usually symptoms that indicate the flu. These symptoms might present before a fever breaks through.
5. If your child has live lice. Treatment must be initiated and no live lice present before your child can return to school.
6. If you need to medicate your child to make them feel good enough to come to school, they need another day at home. The medication will wear off in about 4 hours and your child will feel as poorly as they did prior to medication.
7. If your child's eyes are itchy with the white part red and drainage that is thick and sticky or your child's eyes are stuck together with dried drainage when they wake up.
8. If your child has a persistent cough that makes them uncomfortable.
9. If your child has a significant sore throat.
10. If your child is complaining of earache.

**Please contact your pediatrician's office or the school nurse
if you question whether your child is too sick to attend school.**