

## MCS Health Subject Group Overview

Unit Name	Alcohol Drug and Awareness Program (ADAP)	Safety and Minimizing Risk	Nutrition and Physical Education	Mental Health and Relationships	Alcohol, Tobacco, Vaping and Other Drugs	Vaping
Time Frame	3 Weeks	3 Weeks	3 Weeks	4 Weeks	3 Weeks	2 Weeks
Standards	<a href="#">HEHS.1.e, g, h, l, k</a> <a href="#">HEHS.2.b, c, d, e, g, h</a> <a href="#">HEHS.5.b, c, d, e</a> <a href="#">HEHS.7.c</a> <a href="#">HEHS.8.a,b,c</a>	<a href="#">HEHS.1.a,b,e,f, i,o,p,q,r</a> <a href="#">HEHS.2.b, c, f</a> <a href="#">HEHS.3.a, d</a> <a href="#">HEHS.4.a, b</a> <a href="#">HEHS.5.b, c, e, f, h</a>	<a href="#">HEHS.1.a, b, c, e, f, g, i, o</a> <a href="#">HEHS.2.d, e, h</a> <a href="#">HEHS.3.a, b, c</a> <a href="#">HEHS.4.c</a> <a href="#">HEHS.5.d, f, g</a> <a href="#">HEHS.6.a, b, c, d</a> <a href="#">HEHS.7.a, b, c</a> <a href="#">HEHS.8.c, d</a>	<a href="#">HEHS.1.b</a> <a href="#">HEHS.2.b,c</a> <a href="#">HEHS.4.a,b</a> <a href="#">HEHS.5.a, c, f</a> <a href="#">HEHS.6.a,b</a> <a href="#">HEHS.7.a,b,c</a>	<a href="#">HEHS.1.e, h</a> <a href="#">HEHS.2.c, d, g, h</a> <a href="#">HEHS.5.b</a> <a href="#">HEHS.8.a</a>	<a href="#">HEHS.2.b,c,d,e,f,h</a> <a href="#">HEHS.4.c</a> <a href="#">HEHS.5.a,b</a> <a href="#">HEHS.8.a</a>
Content Specific Information	<p>The Alcohol Drug and Awareness Program (ADAP) is a state mandated program for teenagers who wish to get their Georgia Driver’s License at age 16. The course is provided by the Georgia Department of Driver Services in conjunction with the Governor’s Office of Highway Safety, and serves this purposes: To inform the young people of this state of the dangers involved in consuming alcohol or drugs in connection with the operation of a motor vehicle; and To emphasize the importance of highways safety and crash prevention. Every teenager who wishes to obtain a Driver’s License must complete the Alcohol Drug and Awareness Program.</p>	<p>Abstinence, Safe Sex, and Making Informed Decisions</p> <p>Sexually Transmitted Infections, HIV, and AIDS</p> <p>Human Trafficking in the US</p> <p>Sexual Harrassment and Sexual Assult</p> <p>Safety and Injury Prevention</p> <p>Conflict Resolution and Decision-Making Skills</p> <p>Gang Violence</p> <p>Gang Alternatives</p>	<p>Relationship between Nutrition and Health</p> <p>Guidelines for Healthy Eating</p> <p>Nutrition and Health</p> <p>Nutrition and Physical Fitness in your Community</p> <p>Choosing and Preparing Healthy Foods</p> <p>Maintaining a Healthy Body Composition and Body Image</p> <p>Physical Fitness and Health Plan</p> <p>Personal Dietary Plans</p> <p>Healthy Goal Strategies</p>	<p>Skills for Health Relationships</p> <p>Conflict Resolution and Decision-Making Skills</p> <p>Healthy Family Relationships</p> <p>Understanding Relationships with Peers</p> <p>Healthy Relationships Dating and Marriage</p> <p>The Importance of Mental and Emotional Health</p> <p>Mental and Emotional Problems</p> <p>Stress and Stress Management Grief, Loss, Depression, and Suicide</p> <p>Bullying</p>	<p>Alcohol Use and Its Dangers</p> <p>Nicotine, Tobacco, and their Dangers</p> <p>Prescription, Nonprescription, and Illegal Drugs</p> <p>A Substance-Free Lifestyle</p> <p>Health benefits of abstaining from or discontinuing use of alcohol, tobacco, and other drugs.</p>	<p>Vaping and Its Dangers</p> <p>Identify strategies for preventing use of tobacco, alcohol, and other addictive substances.</p> <p>Identify health alternatives to alcohol, tobacco, and other drug use.</p> <p>Identify treatment options for those suffering from alcoholism, nicotine dependency, and drug addiction.</p>

<p><b>Common Assessments/ Performance Projects</b></p>	<p>1) Alcohol Drug and Awareness Program Test</p> <p>(Students will receive a certificate of completion once they have passed the ADAP test, which will be used to obtain a driver's license.)</p>	<p>1) Mental and Emotional Problems Quiz</p> <p>2) Stress and stress management Quiz</p> <p>3) Grief, Loss, Depression, and Suicide Quiz</p> <p>4) Healthy Family Relationships Quiz</p> <p>5) Understanding Relationships with Peers Quiz</p> <p>6) Healthy Relationships: Dating and Marriage Quiz</p> <p>7) Mental Health and Relationships Unit Test</p>	<p>1) Guidelines for Healthy Eating Quiz</p> <p>2) Nutrition and Health Quiz</p> <p>3) Nutrition and Physical Activity in your Community Quiz</p> <p>4) Choosing and Preparing Healthy Foods Quiz</p> <p>5) Maintaining a Healthy Body Composition and Body Image Quiz</p> <p>6) Physical Fitness and Health Quiz</p> <p>7) Nutrition and Physical Education Unit Test</p>	<p>1) Skills for Healthy Relationship Quiz</p> <p>2) Conflict Resolution and Decision-Making Skills Quiz</p> <p>3) Healthy Family Relationships Quiz</p> <p>4) Understanding Relationships with Peers Quiz</p> <p>5) Healthy Relationships: Dating and Marriage Quiz</p> <p>6) Building Health Relationships Unit Test</p> <p>5) The Importance of Mental and Emotional Health Quiz</p> <p>6) Stress and Stress Management Quiz</p> <p>8) Grief, Loss, Depression, and Suicide Quiz</p> <p>9) Bullying Quiz</p>	<p>1) Alcohol Use and Its Dangers Quiz</p> <p>2) Nicotine, Tobacco and their Dangers Quiz</p> <p>3) Prescription, Nonprescription and Illegal Drugs Quiz</p> <p>4) A Substance-Free Lifestyle Quiz</p> <p>5) Alcohol, Tobacco, Vaping and Other Drugs Unit Test</p>	<p>1) Vaping and Its Danger Quiz</p> <p>2) Vaping and Its Danger Unit Test</p>
<p><b>Differentiation For Tiered Learners</b></p>	<p>Marietta City Schools teachers provide specific differentiation of learning experiences for all students. Details for differentiation for learning experiences are included on the district unit planners.</p>					