

COVID-19 SUPPORT LINES

CRISIS TEXT LINE |

Text HELLO to 741741
Free, 24/7, Confidential

Calm



The coronavirus outbreak and uncertainty of the future can be challenging to process emotionally. The resources provided offer information on the situation and tips on dealing with mental health. If you or someone you care about feels overwhelmed with sadness, depression or anxiety, or thoughts of suicide or self-harm; please reach out for intervention and support.

CRISIS INTERVENTION OR SUPPORT

**Georgia COVID-19
Emotional Support Line
866-399-8938**

Georgia Department of Behavioral Health & Developmental Disabilities | BHL | beacon health options

The Georgia COVID-19 Emotional Support Line provides 24/7 free and confidential assistance to callers needing emotional support or resource information as a result of the COVID-19 pandemic.

The Emotional Support Line is staffed by volunteers, including mental health professionals and others who have received training in crisis counseling.

A CRISIS HAS NO SCHEDULE



Help is available 24/7 for problems with developmental disabilities, mental health, drugs, or alcohol.

Provided through the Georgia Collaborative ASO

**Georgia Crisis and Access Line
(GCAL)
1-800-715-4225**

GCAL is available 24 hours a day, 7 days a week and 365 days a year to help you or someone you care for in a crisis.



**CARES Warm Line
1-844-326-5400**

Substance Abuse Challenges
Call or Test Every Day of The Year
8:30am – 11:00pm



**COVID-19 Hotline
(844) 442-2681**

The State of Georgia has a new COVID-19 hotline. If you believe that you are experiencing symptoms of COVID-19 or have been exposed to the novel coronavirus, please contact your primary care doctor or urgent care clinic. Please do not show up unannounced at an emergency room or health facility.



NAMI Georgia Helpline
Call (770) 408-0625 for non-crisis assistance from NAMI Georgia to find mental health resources and support.